

PATIENCE

May Social Emotional Learning Theme

It is often said that patience is a virtue, but what does it mean to be patient?

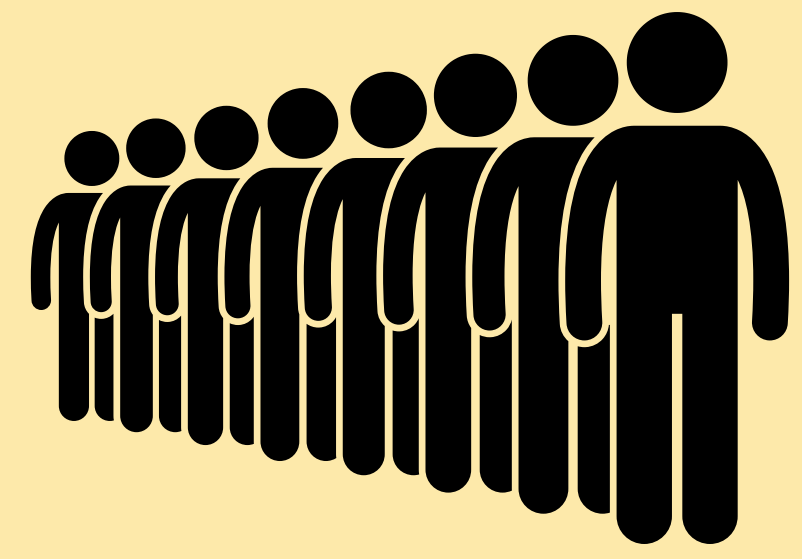
We can demonstrate patience with others and as well as with ourselves.

When we truly listen, instead of simply waiting for our turn to speak, we show patience. We can be patient when we wait in line for our turn in tetherball or when we teach someone a new skill.

We are patient with ourselves when we employ a growth mindset. When a mistake occurs, and we tell ourselves, "keep trying," we are being patient!

To be patient with ourselves and others is to be kind!





Classroom Activities

[Listen Up! Color by Verbal Instruction](#)

(primary, hyperlinked)

[Pencil Puzzle Mystery](#)

(upper grades, hyperlinked)

Partner Drawing:

the artist may only draw lines, shapes, etc that the direction-giver provides

(all grades)

Activities for Home

Jigsaw Puzzles

Follow-Along Art Videos

Egg & Spoon Race



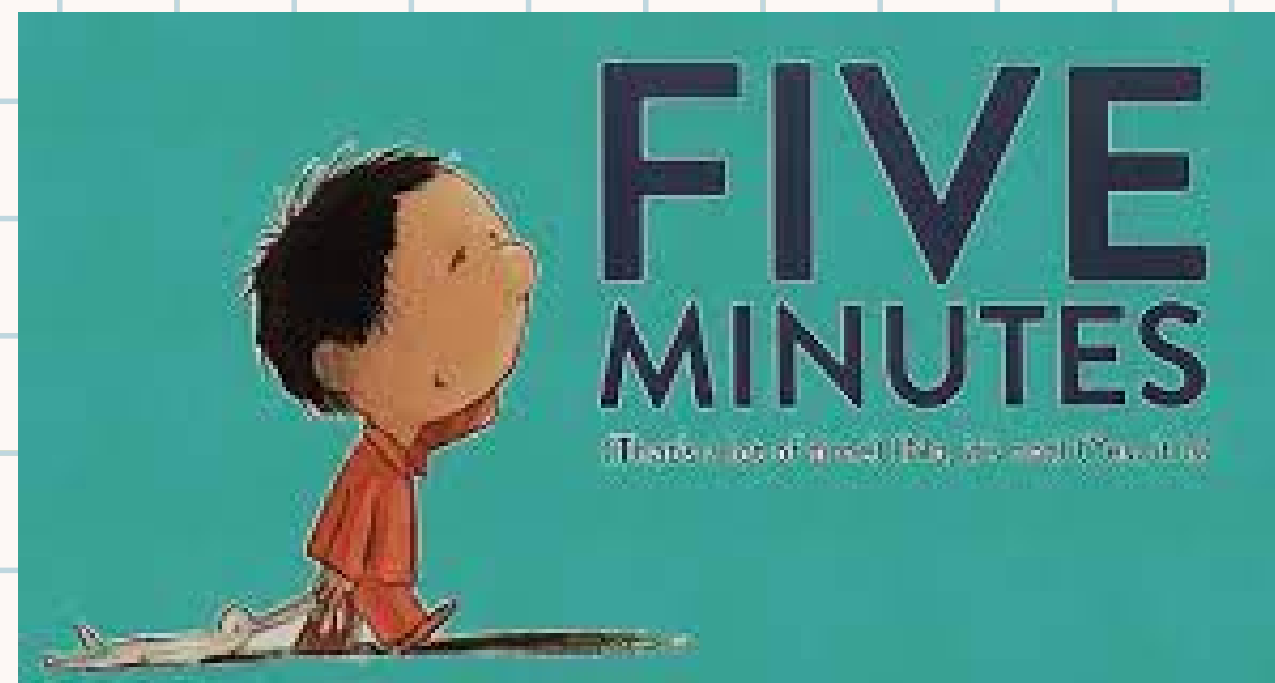
Books about Patience

Primary Read Alouds

Llama Llama Red Pajama



Five Minutes



Middle Grade / Upper Books (hyperlinked)

Starfish

Ben Yokoyama and the Cookie of Endless Waiting